

# Pool Time

## By Nicole

**I jump in the cold pool.**

**I start swimming laps to warm up, front crawl, backstroke and sidestroke.**

**Diving into six feet deep water avoiding belly flops.**

**Sliding down the slippery waterslide, going this way and that way.**

**Feeling water getting in your nose and the cold air when you come up for a breath.**

**Hearing the splish, splash of kids moving through the water with all of their strength against the current.**

**When it is time to go I get out of the pool feeling the freezing air, rushing to my fuzzy, warm towel, wrap it around me.**

